

FINAL CHAOS

Brothers and sisters, family and friends, united against suicide

Statement of Friendship and Caring

To my family and friends,

I hereby invite and request you to become a member of my personal protection and accountability network. Though I may be blinded to the circumstances or unable to appreciate the consequences of my behavior, I need and want to hear about them. This statement of trust gives you license to call attention to my behavior things I am doing and things I am failing to do. I may not want to talk about it, but please bring them to my attention. Remind me of this agreement and my promise to listen. Additionally, you have permission to rally others on my behalf despite my protests. I request you do so. If you agree and want to participate, I will do the same for you.

SIGNATURE

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